



Ealing Canoe Club

Junior Key Rules

July 2014

Approved juniors may hold club keys and use selected club equipment without a coach on site on condition that they follow the rules below:

1. All juniors paddling alone will wear buoyancy aids.
2. No junior will lift heavy weights in the gym unless they have a sparring partner who is capable of lifting the weights unaided.
3. Any equipment damage must be reported to the Head Coach as soon as possible.
4. Some equipment will require special approval on an individual basis. The head coach will advise.
5. No junior should be in the clubhouse after 8 pm.
6. All juniors must attend club sessions unless they have permission from the head coach for alternative training arrangements.
7. Only junior paddlers approved by the Head Coach should be on site. Juniors must not allow entry to non-approved people
8. Follow safety guidelines. Always let a responsible adult (coach/parent) know your whereabouts. The BCU recommends that you do not paddle alone; any exceptions must be agreed by both coaches and parents.

I have read and understood the Junior Key Policy and the Junior Key Rules. I agree to abide by the rules.

NAME (please print)

JUNIOR (please sign)

PARENT/CARER (please sign)

DATE