



# Ealing Canoe Club

## Race Day Protocol

### July 2014

Adults and juniors attending races should be aware of the following expectations:

- Members without transport to races are encouraged to attend. Transport can usually be arranged with others attending the race; ask at the club or post a request for a lift on the Facebook page
- Juniors should be accompanied.
- Paddlers are expected to wear club uniform – this can be ordered via the Ealing Canoe Club website or at the club. A race vest is essential.
- All paddlers in Divisions 7 to 9 and all juniors under 16 must wear a buoyancy aid.
- Juniors in Division 6 and above and all adult paddlers must have BCU membership. This can be obtained via the Canoe England website.
- Those with cars will be expected to transport boats to races. Ask at the club for advice about roof bars and v-bars.
- Fuel costs should be shared.

#### RACE DAY

On arrival at the club for boat loading:

1. Race fees should be paid to the Team Leader
2. A contribution towards fuel costs for those carrying boats should be pooled according to how many seats each racer will be using (guidelines overleaf).
3. After boats have been loaded each driver should take a fee from the pot for each seat on their car (e.g. 2xK1 = 2 seats; 1xK1 + 1xK2 = 3 seats).
4. A contribution towards fuel should be paid to the driver if you require a lift to the race (guidelines overleaf).

*Remember to bring correct money as change is not always available.*

**All racers are expected to return to the club at the end of the day to help unload equipment whether or not they have been carrying boats.**

## FUEL COSTS

### Local Races

- £2 per seat for boat carrying
- £2 per person if requiring transport to race

### Nottingham/Worcester

- £5 per seat

The recommended contribution for members requiring transport in someone else's car is as follows:

- The total estimated fuel cost is approximately £30 each way/£60 return (according to the AA mileage calculator)  
Therefore the amount payable to the driver should be the fuel cost divided by the total number of people travelling in the car (adults and juniors).  
2 people in car = £30 each return  
3 people in car = £20 each return  
4 people in car = £15 each return  
5 people in car = £12 each return