



Ealing Canoe Club

Safety Policy

June 2012

PADDLING SAFETY

- Juniors and anyone with a medical condition are required to wear a buoyancy aid at all club training sessions and races, regardless of divisional rating
- Juniors are not allowed to paddle on their own
- During the winter months (October to March) all paddlers are required to wear a buoyancy aide
- All paddlers are required to wear a light when paddling after dark, at all times of year

Club coaches are the only people who can approve an exception to this rule

PADDLING ALONE OUTSIDE OF CLUB HOURS

The safety of club members is important. Therefore adult members will only be allowed to paddle on their own, outside of normal club operating hours if they demonstrate they are able to:

- Ability to swim 30m with their boat in normal paddling clothes
This is equivalent to 2 widths of the canal
- Ability to empty their boat and get back in, successfully, without damage to the boat or themselves, twice
- Frequency of assessment is Annually

It will be assessed by the club coaches and there will be continual review. The coaches retain the right to refuse anyone permission to go out on their own outside of club hours. If there are any concerns, permission to paddle alone will be revoked.

A record will be kept of those members who are permitted to paddle alone

EXCEPTIONS

- Juniors can only be taken out paddling by a family member who meets the above criteria and has permission from the club coaches to paddle alone